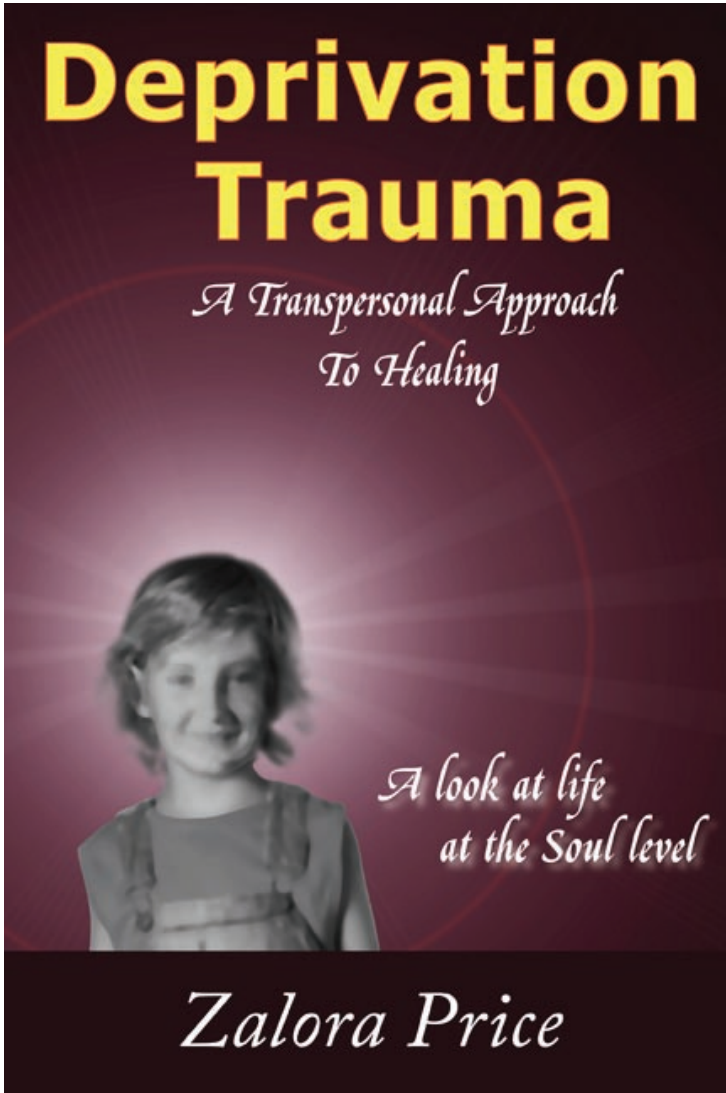


Excerpt from



Part 3, Chapter 1, page 259

This chapter seeks to put into context our social need to understand who we are as “Soul, Spirit, Self” as we struggle to find a sense of direction for our lives.



Chapter 1

My Soul, My Spirit, My Self

Interestingly, the most commonly taught lesson concerning Self is to control and deny, thereby conforming oneself to society or the desire of someone more powerful.

It is not confusing to me that people find it difficult to define themselves today. In years past, the family and community defined who we were within their context. Since the 1950's, families have been diminishing as the nucleus of our western society. Technology has carried us from a 'local' to a 'world' community. Within the context of our global community, there

are thousands of ways of defining ourselves. These 'self' definitions far surpass our family of origin, religion and community mores, certain political structures, and career choices.

As a result of this broader scope, our paths have become confusing, and we have lost the knowledge of the essence of who we are. Nevertheless, tremendous choices and opportunities are now presenting themselves for Soul, Spirit, Self, development.

If your world is looking a bit crazy at times, or maybe even extremely crazy most of the time, just remember that past experience has shown us that out of chaos will come a higher level of order that surpasses our previous level of existence. It covers